Three Decades of Comfort and Caring

Thirty years ago, a core group of individuals passionate about hospice care connected to create what would ultimately become Carroll Hospice. In this season of giving thanks, and in celebration of three decades of providing end-of-life care, we reflect on three things that have made us successful through the years:

• **Our staff.** It’s simple — our staff love the work they do. They are dedicated to ensuring that hospice patients and their families get the comfort and care they need in this phase of their life journey. Carroll Hospice has consistently exceeded all regional benchmarks and met or exceeded all national benchmarks in FY16 for hospice care.

• **Our volunteers.** The commitment of Carroll Hospice volunteers has been constant throughout our history. Today, Carroll Hospice has nearly 300 volunteers who help to support our mission. Whether working directly with patients and families, providing administrative and fundraising support, or serving on our all-volunteer Board of Trustees, our volunteers’ contributions are invaluable.

• **Support from the community.** Without the community’s support, it would be impossible to provide the quality care and resources that we offer to all patients, regardless of their ability to pay. We are thankful for the consistent support our community affords us, whether it’s purchasing items on our wish list, attending events or donating to our organization. We couldn’t do it without you.

Interested in how it all began? Check out the timeline on page 4 to review highlights of our 30-year journey.
This fall marks the one-year anniversary of my joining the team at Carroll Hospice. It has truly been a pleasure getting to know our patients and those that love them, our vibrant and robust community of supporters and, of course, each of our team members!

One of the first things I noticed after arriving in my new hospice home was the tremendous amount of pride and genuine joy team members bring to their work. The long tenure and the low turnover of our hospice employees speaks volumes to their expertise and commitment to providing each patient and family a unique and personalized experience, made even more special by the 31 employees who generously volunteer for Carroll Hospice after their work is done!

This year has been one of reviewing and examining processes at our organization. Our community leaders serving on the Carroll Hospice Board of Trustees and I have pinpointed the areas in which we clearly excel and a few opportunities for improvement — all efforts aimed at enhancing our ability to provide the right care at the right time.

Thank you for welcoming Carroll Hospice into your homes and into your hearts. As the teams often hear me say, “There are no do-overs in hospice care. We’ve got to get it right the first time.” Our teams work hard each and every day to help you navigate this very tender time in a positive and healthy way. That’s my promise to you.

Sincerely,

Reggie Shannon Bodnar, R.N., M.S., M.S.N., C.H.P.C.A.
Executive Director, Carroll Hospice
More than $150,000 in net proceeds was raised for Carroll Hospice during the 17th Annual Taste of Carroll, a record for this signature fundraising event! A special thank you to all who made our event a tremendous success!

During the event, several were honored as Hospice Heroes for their outstanding support of Carroll Hospice and for going above and beyond to provide excellent care to hospice patients and their families:

1 **GERSTELL ACADEMY**  
For five consecutive years, Gerstell Academy graciously hosted our Taste of Carroll event on their beautiful campus. Dr. Frederick Smith, his staff and administration were always a pleasure to work with and went the extra mile to ensure Carroll Hospice would have a successful event. Pictured are Lorraine Fulton, Gerstell Academy president, and Mary Louque, Gerstell Academy vice president and director of admissions.

2 **JEN HUDGINS, AIDE**  
Jen Hudgins makes families, patients and staff feel warm and comfortable. She is a hard worker, compassionate and patient, and she embraces all in the same loving way.

3 **TIM HYLAN, SUPPORT SERVICES**  
Tim Hylan is the hardest worker, whether he is on the clock or volunteering. He takes great pride in all that he does, and he is extremely dedicated to Carroll Hospice’s mission.

4 **KELLEY JANKOWSKI, NURSING**  
Kelley Jankowski is a very skilled nurse who always goes the extra mile. She fully supports her patients, both emotionally and spiritually.

5 **FLAVIO KRUTER, M.D.**  
Flavio Kruter, M.D., medical oncology and hematology, has been a champion for hospice since his time here as our medical director from 1998 to 2013. Dr. Kruter also has served on Carroll Hospice’s Board of Trustees for a decade.

6 **ANGIE MATTHEWS, ADMINISTRATION**  
Devoted and organized, Angie Matthews bridges many gaps to ensure patients have access to timely hospice care. Always positive, she is a natural, steady leader who is kind, thoughtful and diligent.

Learn more about the 2016 Hospice Heroes at CarrollHospice.org/Hospice-Heroes

*Attendees enjoyed food and drink from nearly 40 vendors at this year’s Taste of Carroll, held on the Carroll Hospital campus.*
Carroll Hospice’s 30th Anniversary

This year marks the 30th anniversary of the founding of Carroll Hospice. Highlights of that journey include:

1985
Interest in starting a hospice program was expressed by a group of individuals who believed strongly in hospice care.

1986
An executive board was formed and $15,000 in seed money was given by Northeast Social Action Network Program (NESAP). Hospice was run out of the Church of the Ascension in Westminster.

1988
Operation moved to Carroll Street. A total of 200 patients had received care by this time.

1990 Licensed by state
1992 Certified by Medicare

1994
Camp T.R. was started to help grieving children.

1997
Affiliated with Carroll Hospital and Carroll Home Care (now HomeCare Maryland).

2007
Dove House opened. The building of this inpatient facility was funded 100 percent by gifts from the community.

2010
Care was expanded into Baltimore and Frederick counties.

2011
Recognized as a We Honor Veterans partner; hosted first Veterans Appreciation Breakfast.

2013
Pet therapy was introduced to hospice patients and families.

2016
Dove House was licensed as a hospice house, allowing patients to stay longer for care.

Merry Joins Board of Trustees

Carroll Hospice is pleased to welcome Gary Merry to its Board of Trustees.

Merry has achieved success as both a technologist and a business executive. He started his professional career as a programmer in the oil industry. He continued to move through the technology ranks in various industries (retail, banking, financial services) to ultimately become the chief information officer of a billion-dollar retailer. Merry continued his growth by achieving the rank of executive vice president with Jos. A. Bank.

All of his personal growth in both technology and business risk culminated in Merry founding Deep Run Security Services, a cybersecurity company, in 2014.

“I discovered, early in my career, the personal satisfaction you achieve by belonging to a community and taking something larger than yourself, protecting it and leading it into the future,” he says.
All support groups are free, take place at Carroll Hospice’s Dove House and do not require registration unless otherwise noted.

**Bereavement Luncheon**
Open to adults grieving from the death of someone close
Last Tuesday of every month, noon
Baugher’s Restaurant
289 W. Main St., Westminster

**Grief Support After a Substance Abuse Loss**
For people who have lost a loved one from an overdose or addiction
First Tuesday of every month
6:30 – 8 p.m.
Registration required.
Call 410-871-8000 to register.

**Mending Hearts**
For parents who have lost a child of any age
Third Monday of every month
6:30 – 8 p.m.

**Pet Loss**
Saturday, January 14
10:30 a.m. – noon
Registration required.
For more information, call 410-871-7229.

**New Children’s Room**

*Thanks to a generous grant from the Kahlert Foundation, the children’s room in Dove House was recently updated to provide a comforting, calming space for children who come to visit loved ones at Carroll Hospice’s inpatient facility.*
Make this A Season to Remember

Join us in celebrating loved ones at one of our annual A Season to Remember activities benefiting Carroll Hospice and the Carroll Hospital Auxiliary.

A Season to Remember combines Carroll Hospice’s Holiday Auction and Memorial Tree Ceremony with the lighting of the Carroll Hospital Auxiliary Tree of Lights. Last year’s event raised more than $16,000 in net proceeds.

This year’s A Season to Remember events include:

• **Holiday Auction**
  Monday, November 28 – Tuesday, December 6
  8 a.m. – 8 p.m., Daily
  Carroll Hospital campus and several locations in community
  As part of A Season to Remember and to benefit Carroll Hospice, holiday items are creatively decorated and generously donated to our holiday silent auction. Items will be on display and up for bid all week in the main lobby and East Pavilion at Carroll Hospital, Carroll Hospice’s Dove House and throughout the community. Items will be on display and up for bid all week in the main lobby and East Pavilion at Carroll Hospital, Carroll Hospice’s Dove House and throughout the community, including Towne Pride Interiors in Hampstead and Farmers & Merchants Bank in Westminster and Hampstead. Come by to bid on items to take home for the holidays, get into the spirit of the season and enjoy the festivities.

  Visit [CarrollHospice.org](http://CarrollHospice.org) for other locations.

  Bids close: Tuesday, December 6 at 5 p.m.

  Winners will be notified Wednesday, December 7.

  Items will be available for pickup after December 7.

• **Tree of Lights**
  Monday, November 28 at 7 p.m.
  The community is invited to join the lighting of the Auxiliary’s 25th annual Tree of Lights to kick off A Season to Remember. A light, star or ornamental angel for the Tree of Lights may be purchased by calling 410-871-7280 or visiting [CarrollHospitalCenter.org/Tree-of-Lights](http://CarrollHospitalCenter.org/Tree-of-Lights)

• **Memorial Tree Ceremony**
  Monday, December 5 at 7 p.m.
  Honor a loved one by purchasing an ornament, inscribed with his or her name, to be placed on the Carroll Hospice Memorial Tree. Ornaments memorializing pets are also available for our Pet Tree. The public is invited to a special Memorial Tree Ceremony at Carroll Hospice’s Dove House. Purchased memorial ornaments will be available for pickup following the ceremony until January 31, 2017.

For more information, please visit [CarrollHospice.org](http://CarrollHospice.org) or call 410-871-7220.
2016 Carroll Hospice Memorial Tree Ornament Order Form

* A special thank you to the Carroll Carvers for carving and donating this year’s dove ornament.

**Personalized Memorial Tree Ornaments**

- □ Ball $10 each
- □ Hand-carved wooden Dove ornament $25 each*

I want to purchase an ornament in memory of the following loved one(s):

Please print. If purchasing more ornaments, please attach name(s) on a separate sheet of paper.

Name 1: _____________________________________________________________________________________

First                                      Last

Please notify the following person that an ornament was purchased in memory of a loved one:

Name 1: _____________________________________________________________________________________

First                                Last

Address: ______________________________________________________________________________________

_____________________________________________________________________________________________

**Personalized Pet Tree Ornaments**

An ornament inscribed with your pet’s name; $10 each.

- □ I want to purchase an ornament in memory of my pet:

Name of pet: __________________________________________________________________________________

My pet is a: □ Dog □ Cat □ Other: _____________________________________________________________

Note: If purchasing more ornaments, please attach name(s) on a separate sheet of paper.

**Payment Information**

Purchase your ornaments online at CarrollHospice.org/Season-To-Remember, fax your order to 410-871-6210 or mail this form (along with payment) to:

A Season to Remember c/o Carroll Hospice
292 Stoner Avenue | Westminster, MD 21157

Total $_________________ (Checks made payable to Carroll Hospice)

Name: _______________________________________________________________________________________

Address: _____________________________________________________________________________________

City: __________________________________________    State: _________________  Zip: _________________

Email: ____________________________         Phone: ____________________________

□ Visa         □ MasterCard         Credit Card Number: ____________________________

CID: ____________________________         Exp. Date: ____________________________

(from the back of your card)

Signature: ____________________________
Cookbooks Available

Carroll Hospice reached out to friends, staff and volunteers to compile favorite recipes for its latest cookbook, *Recipes and Remembrances III*, available for purchase now! The cookbooks are $12 each and feature more than 400 recipes.

To purchase, please call 410-871-8000.

November is National Home Care & Hospice Month

November is National Home Care & Hospice Month, a time to honor those health care workers who give tirelessly to making sure patients and their families are well cared for and supported during difficult times. Please take the time to thank a home care or hospice care provider today! To help continue the important work of Carroll Hospice, consider making a gift at CarrollHospice.org/Make-A-Gift. Thank you!