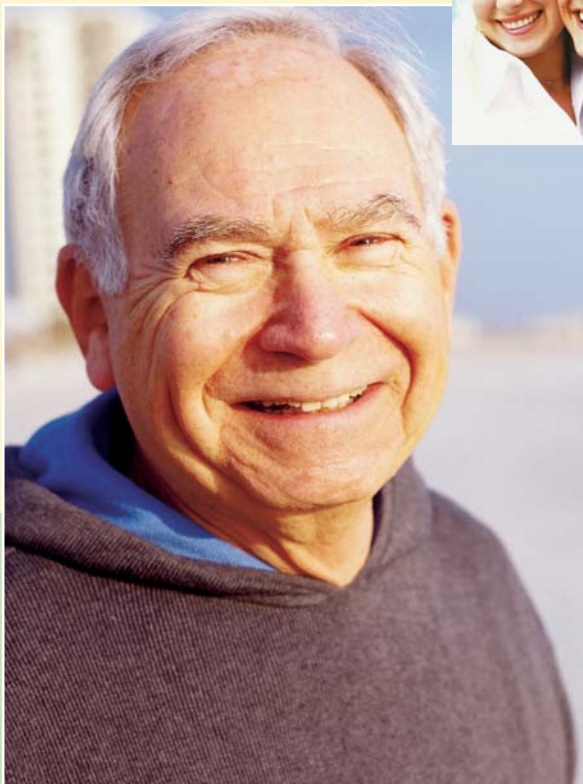


# Community Benefit Report



*Carroll Hospital Center will always be grounded by our community roots. When our founders planted the seed 45 years ago, it was probably hard to imagine that the hospital would grow into the mighty oak we are today, with branches that extend far and wide.*

*Because of this strong connection, we believe it is not enough to provide quality medical care. We strive to back up that care with programs that foster healthier living for community members. This year's Community Benefit Report highlights a few examples of how we're reaching out to touch many lives, from high school students to the uninsured.*



Financial Assistance/Uncompensated Care . . . . .	\$ 2,589,990
Mission-Driven Health Services	
Hospice . . . . .	\$ 329,943
Physician Support Activities . . . . .	\$ 4,490,099
Medical Libraries . . . . .	\$ 201,504
Community Health Services	
Education, Screenings, Support Groups . . . . .	\$ 616,473
Community-Building Activities	
Health Access Call Center, The Women's Place . . .	\$ 303,554
The Partnership for a Healthier Carroll County . . .	\$ 336,338
Education—Health Professionals	
Nurses, Physicians, Other . . . . .	\$ 255,078
Community Contributions	
Cash and In-Kind . . . . .	\$ 255,130
Community Benefit Operation . . . . .	\$ 236,046
<b>Total Community Benefit . . . . .</b>	<b>\$9,614,155</b>

## Ensuring Access to *Care*

Founded in 2005, Access Carroll, Inc. is a joint venture between Carroll Hospital Center, the Carroll County Health Department and the Partnership for a Healthier Carroll County, Inc. The organization provides free health care to uninsured, low-income Carroll County residents who meet certain eligibility requirements. By removing traditional boundaries to quality health care, Access Carroll is literally a lifesaver, helping patients maintain good health and manage acute and chronic illnesses.

Primary medical care is provided by a dedicated group of volunteer physicians, nurses and other experienced medical professionals. Medication assistance, laboratory testing, imaging studies and patient education are available onsite or at Carroll Hospital Center.

Already, the organization's success has exceeded all expectations. In fiscal year 2006, its staff of six physicians and three nurse practitioners served more than 500 patients and logged more than 3,000 office visits. More than \$130,000 in medications were dispensed at the Access Carroll office through its voucher program at Rexall and Anchor pharmacies. Carroll Hospital Center supported Access Carroll this year by contributing funds for an executive director position and donating over \$100,000 in laboratory and imaging services.

"Working here is like celebrating Christmas every day," said Tammy Black, R.N., B.S.N., executive director of Access Carroll. "It's amazing to be part of a team that has such a wonderful vision."



*Tammy Black, R.N., B.S.N., executive director of Access Carroll.*

Most Access Carroll patients are employed, and many juggle multiple jobs. The office also serves a growing number of Hispanics and other immigrant populations.

"This program was started by organizations, physicians and other caregivers who have a heart for the community and saw a great need," Black explained. "Working alongside such devoted volunteers and receiving such wonderful feedback from patients makes me proud to offer this total health care package to neighbors in need."

## Priming Students for *Success*



*Carroll County Career and Technology students Eric Hobby and Samantha McCardell with pharmacist Denise Warehime (center).*

What do you want to be when you grow up? It's a fun question to ponder when you're young and just beginning to discover your unique talents and interests. But by the time you're a teenager, this question takes on greater importance as you prepare to attend college or join the workforce.

To help high school students make informed career decisions, the Carroll County Chamber of Commerce hosts an annual Job Shadow Day. Local businesses and organizations participate in the half-day event by offering career development education and having students shadow their employees for several hours. Since 2003, Carroll Hospital Center has hosted the largest number of students for this program each year.

"The purpose of the day is to give students a firsthand look at a particular career field by observing what the people in that field actually do," explained Linda Hutsell, Carroll Hospital Center's vice president of human resources. "They also learn about the preparation involved."

The hospital provides interested students with a list of departments from which to choose. "Students have witnessed a birth in The Family Birthplace, seen blood draws and watched high-tech imaging procedures," said Hutsell. "This hospital is wonderful about taking in students and mentoring them. It's one of the reasons the program continues to grow."

In addition to hosting students, Carroll Hospital Center serves as a Job Shadow Day sponsor and treats each of our students to the event's closing luncheon at Martin's Westminster.

Other shadowing opportunities are available throughout the year for graduating high school and college students. Carroll Hospital Center has agreements with more than 25 regional colleges and universities to host students for clinical, allied health and administrative affiliations.

"Learning about careers in a classroom setting is a good start, but exposure to the actual work environment is critical," said Hutsell. "From this experience, students gain a clearer understanding of their career interests and options. Hopefully, many of the students who come through our doors will be future health care workers."



# Reaching Out

As a local hospital built through the efforts of determined community members, we understand the importance of giving back.

Carroll Hospital Center supports our community not only through monetary contributions, but also through donations of time and talents.

## Driven By Passion

The odds were against Marianne Mills when she was diagnosed with Stage III epithelial ovarian cancer—a diagnosis that many women don't survive for more than five years. Now, eight years later, Mills, a laboratory outreach coordinator at Carroll Hospital Center, continues to make a difference with her gift of life. By playing a major role in the hospital's support of the American Cancer Society's Carroll County Relay for Life, Mills is making great strides in the fight against cancer.

Last year, associates from various departments collectively raised more than \$28,000 for the event, working year round to solicit donations. "I participate in Relay for Life to give back to the community and celebrate my own survivorship," said Mills. "I realize that I have been blessed and need to give back."

Yet Carroll Hospital Center's participation in Relay for Life is only one of the many ways the hospital helps build a stronger community. In 2006, we donated more than \$62,000 to community groups and events. Carroll Hospital Center supports local organizations too, such as the American Red Cross, Carroll County Chamber of Commerce, Carroll YMCA and the Carroll County Children's Fund. The hospital sponsors an annual 5K run to benefit Carroll Hospice and awards scholarships to nursing students at Carroll Community College as well.

*Pictured left: Marianne Mills, hospital associate, cancer survivor and volunteer.*



*Pam Phillips, R.N., EnCARE coordinator educates local students during an informative EnCARE seminar.*

# Spreading the Word on Safety

During the late 1990s, when Carroll Hospital Center's emergency department nurses noticed a dramatic increase in the number of drug- and alcohol-related incidents, they decided to take action. It wasn't long before a local chapter of the national organization, Emergency Nurses CARE (EnCARE) was born.

"We were seeing a large number of young people coming in with drug overdoses," explained Pam Phillips, R.N., EnCARE coordinator. "Because our nursing staff lives right here in the community and most of us are moms, we were very affected."

EnCARE is an awareness program that helps young people understand the damaging impact of drugs and alcohol. Participating nurses travel to community schools and organizations to conduct informative seminars and question-and-answer sessions. Programs are offered for students of all ages, from first graders to high schoolers. Content and format are tailored to each age group and may feature games, slide presentations and hands-on demonstrations of medical equipment used for these types of emergencies.

"There's a drastic need in our community for this type of program. It's so hard for kids to say 'no' these days. We try to show them the consequences of their actions," Phillips said.